



Guadalupe Community  
Center  
21600 Hart Street  
Canoga Park, CA 91303



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213.251.3549



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Since 1986,  
OASIS has helped  
make the "Golden  
Years" more  
enjoyable for  
seniors in the San  
Fernando Valley  
Region.

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## ABOUT US

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Older Adult Services & Intervention System (OASIS) is a social service program for home-bound seniors 65 years of age or older who are living independently.

Our goal is to help seniors remain independent as long as possible and avoid institutionalization by matching a trained volunteer with a senior in need.

We offer assistance to all older adults regardless of race, religion, or income level.

### OUR TEAM

OASIS volunteers commit 1-4 hours a week to their senior. Volunteers provide seniors with services such as friendly visits and phone calls, transportation to appointments, information and referrals, light housekeeping, and help with errands.

If you are 18 years or older and are looking for an opportunity to give back and make a major difference in a senior's life consider becoming an OASIS volunteer!

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### Join

EVERYBODY NEEDS SOMEBODY

#### Need a volunteer?

We can help you stay connected to your community. We pair you with a trained volunteer and together we support you as you navigate through the golden years. Give us the opportunity to be there for you!

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### Volunteer

GIVE BACK TO YOUR COMMUNITY

#### Want to make a difference?

You receive training and support throughout your participation and the benefits are countless! Volunteering can bring fun and fulfillment to your life, reduce stress, and provide a sense of purpose *just to name a few!*

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### Donate

CAN'T VOLUNTEER BUT WANT TO HELP?

**Phone:** Call with a credit card: **213.251.3549**

**Online:** Visit: [catholiccharitiesla.org/donate](http://catholiccharitiesla.org/donate)

**\*\*** In the designation section select

**'San Fernando Region'\*\*\***

**Mail:** Send a check Payable to

**CCLA San Fernando Region** to:

CCLA San Fernando Region

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## WHAT WE DO

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Offer A Helping  
Hand



Friendly Phone Calls  
& Visits



Food Pantries &  
Nutrition Information



Shopping  
Companions



Transportation To  
Appointments



Memorable  
Experiences



Free Health  
Assessments



And...  
So Much More!